

# Trading Post Café & Gallery

Lunch Menu ❖ 11:30am - 4:00pm

<b>CAESAR SALAD</b> <i>with grilled chicken breast or grilled salmon or grilled yellow fin tuna</i> 13.50	7.50
<b>MARGHERITA OR ITALIAN PIZZA</b>	9.75
<b>TORTA CUBANA</b> ❖ <i>pork or chicken, avocado, black beans, onion, provolone cheese</i>	9.75
<b>RENÉ'S COBB SALAD</b>	12.00
<b>MINISTRONE</b> ❖ <i>garden vegetables, chicken</i>	7.75
<b>ROSEMARY CHICKEN</b> ❖ <i>oven roasted half chicken with fries &amp; slaw</i>	14.00
<b>OPEN FACED 8 OZ. NEW YORK STEAK SANDWICH</b> <i>tomato, onion, peppers, with fries &amp; slaw</i>	14.00
<b>SPINACH SALAD</b> ❖ <i>pine nuts, raisins, tomato aioli</i> <i>with grilled chicken breast or grilled salmon or grilled yellow fin tuna</i> 13.50	7.50
<b>PASTA BOLOGNESE</b>	9.75
<b>CHICKEN SALAD SANDWICH</b> ❖ <i>with greens &amp; slaw</i>	9.75
<b>NIÇOISE SALAD</b> <i>with chicken or albacore chunk tuna</i> 9.50 <i>with grilled chicken breast or grilled salmon or grilled yellow fin tuna</i> 13.50	
<b>PENNE ARRABBIATA PASTA</b> ❖ <i>spicy tomato sauce, peas, Italian sausage</i>	9.75
<b>BACON, LETTUCE &amp; TOMATO SANDWICH</b> ❖ <i>with fries &amp; slaw</i> <i>with chicken breast</i> 14.00	9.75
<b>FARFALLE PRIMAVERA PASTA</b> ❖ <i>garden vegetables, parmesan cream</i> <i>with grilled chicken breast</i> 14.00	9.75
<b>TUSCAN SANDWICH</b> ❖ <i>layered grilled vegetables, provolone cheese</i>	9.75
<b>FETTUCCINE ALLA CARBONARA</b> ❖ <i>bacon, parmesan cream</i> <i>with grilled chicken breast</i> 14.00	10.50
<b>TRADING POST HAMBURGER</b> <i>provolone, bacon, sautéed onions with French fries and slaw</i>	10.50
<b>CRISPY CALAMARI</b> <i>with Caesar salad</i> 14.00	12.00
<b>ITALIAN SAUSAGE SANDWICH</b> ❖ <i>with fries &amp; slaw</i>	10.50
<b>HOUSE GREEN SALAD</b> <i>with chicken breast</i> 10.75 ❖ <i>grilled salmon</i> 13.50 ❖ <i>yellow fin tuna</i> 13.50	6.75
<b>TRADING POST CHICKEN NOODLE SOUP</b>	7.75
<b>PORTABELLO MUSHROOM RAVIOLI</b>	14.00

All dishes are made to order. We will happily accommodate dietary needs. Water will be served upon request.  
18% gratuity will be added to parties of six or more.